



North Middlesex Family Day Olympics



North Middlesex YMCA Family Day Breakfast

Where: Parkhill Community Centre

When: Feb.21, 2022

Time: 8:00-11:00am

What: Scrambled eggs, hash brown casserole, bacon, sausage, pancakes, toast, fruit cocktail, coffee, tea, juice

Cost: \$10.00 for adults (13 and over)
\$5.00 for kids (6-12)
5 and under **FREE**

Following our Health Units, Municipality's, and the YMCA guidelines, QR codes will be checked at the entrance along with verbally answering pre-screening questions. Masks must be worn when walking around but once you get to your table, they can be removed.

North Middlesex YMCA Children's Activities

In the Goal Post, kids 6 and under will have the opportunity to enter our coloring contest, make their own Olympic Medal, create their own Olympic Mascot, and play in some Olympic Games!

A parent must accompany their children while in the goal post. All guidelines will continue to be followed with masks, social distancing, and hand sanitizing.

U9 North Middlesex Minor Hockey Team Bottle Drive Fundraiser

The U9 girls' hockey team is tournament fundraising and is hoping to get your empties/bottles!

Bring them to the Parkhill Community Centre between 8:30-11:30am or if you provide your address, they will come to your house and pick them up!

North Middlesex Minor Hockey Association Olympic Ice Events

We are excited to host our very own North Middlesex Olympics. Here is your chance to sign up as a team of 4 players (**FREE** to enter in a team) and show off your skills.

There will be three age categories:

U11 (ages 7-10), U13 (ages 11-13) and U15 (ages 14/15)

If you would like to enter a team, pre-registration is required by calling North Middlesex YMCA at 519-459-9622 before Thursday Feb. 17th. Our Olympic events will start at the arena at 9:30am.

Our 4 Olympic events consist of an obstacle course, curling, shooting skills and a team speed skating relay event. All team members participate, and they will rotate through each Olympic event. Points will be awarded to each team based on how their team does and at the end of all the events, the team with the most points will be declared the winner. There is no competition between teams, just trying your best as a team to achieve points. Once the first three events have been completed by all age groups, then the participants will gather in the center of the ice and cheer on each team for the speed skating relay. One team will skate at a time and each member of the team will skate once around the arena and tag their teammates for them to do their round.

Mainstreet Credit Union FREE Family Skate

Following the Olympic events, take the family onto the ice and enjoy an hour of free skate provided by Mainstreet Credit Union. Make sure to pick up your **FREE** chips and juice box from our friendly Mainstreet Credit Union staff before you head out the door!

Thank you to everyone that is volunteering throughout the day, as well as to our community sponsors. We can't wait to share with you some of our special visitors that you may see on the ice!

